



HELLENIC  
ASSOCIATION  
for  
ENDOSCOPIC  
SURGERY

**FINAL  
PROGRAM**

**23  
JUNE  
2026**

**×  
Master  
class**

**of  
Hellenic  
Association  
for  
Endoscopic  
Surgery**

  
**Main Amphitheater  
of NIMTS Hospital**

## How I Do It in Abdominal Wall Surgery & Hiatal Hernia Surgery

### SECTION A .....

#### *Abdominal Wall Hernias*

**Chairs:** Fotios Archontovasilis, Vasileios Drakopoulos

**08:00 - 09:50**

**Introduction: Specialized anatomy of the inguinal area & abdominal wall. From the aspect of endoscopic surgery**

**08:00 - 08:20**

**How I do it: TEP inguinal hernia**

**Speaker:** *Evangelos Kanavos*

- patient positioning & trocar placement
- extraperitoneal pocket creation
- critical anatomical landmarks
- handling of direct / indirect sac
- cord lipoma and difficult dissections
- mesh deployment and proper coverage of the myopectineal orifice
- fixation or non-fixation: when and why?
- Technical pitfalls that predispose to recurrence or chronic pain

**08:20 - 08:40**

**How I do it: TAPP inguinal hernia in complex cases**

**Speaker:** *Konstantin Grozdev*

- When is TAPP preferred
- Creation of peritoneal flap
- Safe zones of dissection
- large indirect sac, recurrent hernia, scrotal extension
- management of cord structures
- closure of the peritoneum without tension and gaps
- prevention of seroma, bleeding and neuralgia

**08:40 - 09:00**

**How I do it: Laparoscopic/Robotic ventral and incisional hernia repair**

**Speaker:** *Grigoris Chatzimavroudis*

- IPOM, retromuscular, eTEP: how to choose proper technique
- defect closure: when, how, why
- developing the retromuscular plane
- mesh sizing & overlap in clinical practice
- component separation logic
- technical decision-making in borderline cases
- what to avoid in large midline hernias

**09:00 - 09:20**

**Step-by-step technical video session: TEP / TAPP / ventral hernia repair Emphasis on critical steps, pitfalls and how to rectify them**

**Speaker:** Alexis Theodorou



**Videoconference Ia**

**09:20 - 09:40**

**Pitfalls, bailouts and complications in abdominal wall hernia surgery**

**Speaker:** *Periklis Chrysocheris*

- peritoneal tear
- bleeding in difficult planes
- mesh folding / inadequate overlap
- chronic pain prevention
- recurrence after previous repair
- when to change technique or when to convert

**09:40 - 09:50**

**Short take-home messages from the community**

**Commentator:** *Grigoris Chatzimavroudis*

## **How I Do It in Abdominal Wall Surgery & Hiatal Hernia Surgery**

### **SECTION B.....**

#### *Hiatal hernia - Antireflux surgery*

**Chairs:** *Georgios Ayiomamitis, Stelios Gavriel*

**09:50 - 11:00**

**09:50 - 10:10**

**Laparoscopic diaphragmatic hernia repair. When to fully fundoligate, when to reinforce the crura, when to mesh the diaphragm**

**Speaker:** *Orestis Lyros*

**10:10 - 10:30**

**Tips and tricks for a perfect result for the huge paraesophageal hernia**

**Speaker:** *Dionysios Delaportas*

**10:30 - 10:50**

**Diaphragmatic hernia recurrence. When to operate, what to do, how to**

**Speaker:** *Demetrios Theodorou*

**10:50 - 11:00**

**Commentator:** *TBA*

## How I Do It in Bariatric-Metabolic Surgery and in Laparoscopic/ Robotic Endocrine Surgery

### SECTION A.....

#### *Metabolic & bariatric surgery (MBS) - How I Do It*

**Chairs:** *Vasileios Drakopoulos, Catalin Copaescu*

**11:00 - 12:30**

**11:00 - 11:20**

**Sleeve Gastrectomy. Tips that will make the difference**

**Speaker:** *Konstantin Grozdev*

**11:20 - 11:40**

**How I do it: Roux-en-Y gastric bypass**

**Speaker:** *Georgios Ayiomamitis*

**11:40 - 12:00**

**One-anastomosis gastric bypass. How, when, why**

**Speaker:** *Ilias Sdralis*

**12:00 - 12:20**

**SASI-S. An emerging operation**

**Speaker:** *Evangelos Menekakos*

**12:20 - 12:30**

**Commentators:** *Evangelos Menekakos*

## How I Do It in Bariatric-Metabolic Surgery and in Laparoscopic/ Robotic Endocrine Surgery

### **SECTION B.....**

#### *Laparoscopic - Robotic Endocrine Surgery*

**Chairs:** *Stylianos Kapis, Kyriakos Vamvakidis*

**12:30 - 14:00**

**12:30 - 12:50**

**Laparoscopic Adrenalectomy**

**Speaker:** *Konstantinos Nastos*

**12:50 - 13:10**

**Retroperitoneoscopic Adrenalectomy**

**Speaker:** *Maria Sotiropoulou*

**13:10 - 13:30**

**Robotic Adrenalectomy**

**Speaker:** *Tarik Delko (on line), Stylianos Kapis*

**13:30 - 13.50**

**Scarless endoscopic thyroidectomy. Feasibility and training**

**Speaker:** *Ioannis Koutelidakis*

**13:50 - 14:00**

**Commentator:** *Özer Makay, Marco Raffaelli (on line)*

## How I Do It in Modern Colorectal Surgery: Laparoscopic & Robotic approach

### SECTION A.....

#### *Laparoscopic Colorectal Surgery*

**Chairs:** *Georgios Ayiomamitis, Ioannis Galanis*

**14:00 - 15:30**

**14:00 - 14:20**

**Laparoscopic right colectomy. The CME technique**

**Speaker:** *Ioannis Virlos*

**14:20 - 14:40**

**Laparoscopic Segmental Splenic flexure colectomy**

**Speaker:** *Chrysikos Ioannis*

**14:40 - 15:00**

**Laparoscopic sigmoidectomy. Full or Partial splenic mobilization. How to set my limits**

**Speaker:** *George Theodoropoulos*

**15:00 - 15:20**

**TaTME Cecil Approach tandem operating**

**Speaker:** *Efstratios Kouroumpas*

**15:20 - 15:30**

**Commentators:** *Georgios Tzovaras, Thalia Petropoulou, Stelios Gavriel*

## **How I Do It in Modern Colorectal Surgery: Laparoscopic & Robotic approach**

### **SECTION B.....** *Robotic Colorectal Surgery*

**Chairs:** *Stylianos Kapiris, Manousos Konstantoulakis*

**15:30-17:00**

**15:30 - 15:50**

**Robotic Right Colectomy - CME**

**Speaker:** *Konstantinos Mavrantonis*

**15:50 - 16:10**

**Low anterior resection - TME: Robotic approach**

**Speakers:** *George Peros, Stylianos Kapiris*

**16:10 - 16:30**

**Robotic approach in complicated diverticulitis**

**Speaker:** *Manousos Pramateftakis*

**16:30 - 16:50**

**Robotic approach in inflammatory bowel disease**

**Speaker:** *Antonios Gklavas*

**16:50 - 17:00**

**Commentator:** *Georgios Tzovaras*

# Faculty List

## **Archontovasilis Fotios**

*MD, PhD, FISS, FEHS, Doctor of Medicine, Medical School, National and Kapodistrian University of Athens, Director, 6th Department of Surgery, Metropolitan General Hospital, President, Hellenic Association of Endoscopic Surgery (HAES)*

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## **Ayiomamitis Georgios**

*MD, MSc (MIS), PhD, FACS, MSc (Surgical Oncology), FEBS/MIS, MHM, Advanced Laparoscopic & Metabolic Surgery, Gastrointestinal Surgical Oncology, Medical Director, Tzaneio General Hospital of Piraeus, Coordinating Director – 1st Department of Surgery / Laparoscopic Unit, Vice President, Hellenic Society for Endoscopic Surgery, Board Member, Medical Association of Piraeus, Disciplinary Board Member, 2nd Regional Health Authority (Piraeus & Aegean)*

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## **Chatzimavroudis Grigoris**

*MD, MSc, PhD Professor of Surgery, School of Medicine, Aristotle University of Thessaloniki , Head of Hellenic Hernia Center, a Complex & Abdominal Wall Reconstruction Center at European Interbalkan Medical Center, Thessaloniki, Greece*

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## **Chrysikos Ioannis**

*MD, FACS, Director of the 1st Surgical Clinic, Hygeia Hospital*

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## **Chrysocheris Periklis**

*MD, FACS, American Board of Surgery Certified, Clinical Assistant Professor of Surgery, Nicosia University Medical School, Director 1st Department of General Surgery, Hygeia Hospital*

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## **Copaescu Catalin**

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## **Delaportas Dionysios**

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## **Delko Tarik**

*PD Dr. med., Chirurgie Zentrum, St. Anna, Lucerne & University of Basel, Switzerland*

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## **Drakopoulos Vasileios**

*MD, PhD, FACS, Consultant Surgeon, 1st Surgical Department, Evangelismos General Hospital of Athens, General Secretary, Educational B.o.D. Hellenic Surgical Society (H.S.S.) B' Vice President, B.o.D. Hellenic Association of Endoscopic Surgery (H.A.E.S.), General Secretary, B.o.D. Hellenic Society of Bariatric Surgery (H.S.B.S.)*

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### **Galanis Ioannis**

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### **Gavriel Stelios**

*General Surgeon, Director, 1st Surgical Clinic, IASO, Coordinator of the Surgical Sector, IASO General Clinic*

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### **Gklavas Antonios**

*MD, PhD. Colorectal Surgeon, Aretaieion University Hospital, Athens, Greece*

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### **Grozdev Konstantin**

*MD, PhD, President of The Bulgarian Society of Bariatric/Metabolic Surgery*

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### **Kanavos Evangelos**

*General Surgeon, Director of the 1st Surgical Clinic, IASO Thessalias*

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### **Kapiris Stylianos**

*MD, PhD, FACS Coordinating Director and Head, 1st Department of Surgery, Evangelismos Hospital, Athens, Greece*

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### **Kouroumpas Efstratios**

*MD MSc(MI) FEBS(MI) FACS(c) FRCS(Eng), Laparoscopic Colorectal Surgeon, Consultant General Surgeon, Royal Free London NHS Trust*

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### **Koutelidakis Ioannis**

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### **Konstantoulakis Manousos**

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### **Lyros Orestis**

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# Faculty List

## **Mavrantonis Konstantinos**

*MD, PhD, FACS, Director, 6th Department of Surgery, Hygeia Hospital, Chairman, Founder, NoDE Institute, Athens, Greece*

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## **Menenakos Evangelos**

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## **Nastos Konstantinos**

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## **Makay Özer**

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## **Peros George**

*Dr. med. Chirurgie Zentrum St. Anna, Lucerne*

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## **Pramateftakis Manousos**

*Assistant Professor of Surgery, AUTH, Consultant, Colorectal Surgeon, Thessaloniki, Greece*

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## **Petropoulou Thalia**

*Robotic Consultant & MIS Colorectal Surgeon, Aretaieio University Hospital/Euroclinic Athens, Greece*

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## **Raffaelli Marco**

*Professor of Surgery, Medical School, Università Cattolica del Sacro Cuore, Director, Department of Endocrine and Metabolic Surgery, Agostino Gemelli, IRCCS University Hospital, Rome, Italy*

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## **Sdralis Ilias**

*MD, MSc, PhD, IFSO-EC SOEBMS, Director of the Surgical Clinic for Morbid Obesity & Metabolic Disorders, Interbalkan Medical Center Military physician – Bariatric surgeon – PhD, University of Patras School of Medicine, Excellence in Bariatric & Metabolic Surgery, Specialist in Surgical Oncology and benign esophageal & gastric diseases, Broomfield Hospital NHS Trust, Mid Essex Hospital Services NHS, United Kingdom*

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**Sotiropoulou Maria**

*MD, MSc, PhD, Locum Consultant Surgeon, 1st Department of Surgery, Evangelismos Hospital, Athens, Greece*

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**Theodoropoulos George**

*MD, FACS, FASCRS, Professor of General and Colorectal Surgery, NKUA Medical School*

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**Theodorou Alexis**

*General Surgeon*

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**Theodorou Dimetrios**

*Assistant Professor of Surgery*

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**Tzovaras Georgios**

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**Vamvakidis Kyriakos**

*Director of Department of Endocrine Surgery, Henry Dunant Hospital Center, Athens, Greece*

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**Virlos Ioannis**

*FRCSEd. FRCS(Gen Surg) FEBS(Coloproctology) MD(Man) MSc DIC  
Consultant Colorectal Surgeon Metropolitan General Hospital, ESCP National Representative  
for Greece, GSCP B Vice-President*

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