

Hellenic Association for Endoscopic Surgery (HAES)

23 June 2026, NIMTS Hospital

Tuesday 23th June 2026 | NIMTS Hospital

MASTERCLASS I

How I Do It in Abdominal Wall Surgery and Hiatal Hernia Surgery

SECTION A

ABDOMINAL WALL HERNIAS

Chairs: **FOTIOS ARCHONTOVASILIS, VASILEIOS DRAKOPOULOS**

Duration: 110 minutes

08.00 – 09.50

Introduction: Specialized anatomy of the inguinal area and abdominal wall. From the aspect of endoscopic surgery

08:00 – 08:20

How I do it: TEP inguinal hernia

EVANGELOS KANAVOS

- patient positioning και trocar placement
- extraperitoneal pocket creation
- critical anatomical landmarks
- handling of direct / indirect sac
- cord lipoma and difficult dissections
- mesh deployment and proper coverage of the myopectineal orifice
- fixation or non-fixation: when and why?
- Technical pitfalls that predispose to recurrence or chronic pain

08:20 – 08:40

How I do it: TAPP inguinal hernia in complex cases

KONSTANTIN GROZDEV

- When is TAPP preferred
- Creation of peritoneal flap
- Safe zones of dissection
- large indirect sac, recurrent hernia, scrotal extension
- management of cord structures
- closure of the peritoneum without tension and gaps
- prevention of seroma, bleeding and neuralgia

08:40 – 09:00

How I do it: Laparoscopic/Robotic ventral and incisional hernia repair

GRIGORIS CHATZIMAVROUDIS

- IPOM, retromuscular, eTEP: how to choose proper technique
- defect closure: when, how, why
- developing the retromuscular plane
- mesh sizing και overlap in clinical practice
- component separation logic
- technical decision-making in borderline cases
- what to avoid in large midline hernias

09:00 – 09:20

Videoconference Ia

Step-by-step technical video session: TEP / TAPP / ventral hernia repair

Emphasis on critical steps, pitfalls and how to rectify them

ALEXIS THEODOROU

09:20 – 09:40

Pitfalls, bailouts and complications in abdominal wall hernia surgery

PERIKLIS CHRYSOCHERIS

- peritoneal tear
- bleeding in difficult planes
- mesh folding / inadequate overlap
- chronic pain prevention
- recurrence after previous repair
- when to change technique or when to convert

09:40 – 09:50

Short take-home messages from the community

Commentator: GRIGORIS CHATZIMAVROUDIS

MASTERCLASS I

How I Do It in Abdominal Wall Surgery and Hiatal Hernia Surgery

SECTION B

Hiatal hernia- Antireflux surgery

CHAIRS: GEORGIOS AYIOMAMITIS – HANS FUCHS – STELIOS GAVRIEL

Duration: 70 minutes

09.50 – 11.00

09:50 – 10:10: ORESTIS LYROS

Laparoscopic diaphragmatic hernia repair. When to fully fundoligate, when to reinforce the crura, when to mesh the diaphragm

10:10 – 10:30 DELAPORTAS DIONYSIOS

Tips and tricks for a perfect result for the huge paraesophageal hernia.

10:30 – 10:50 THEODOROU DEMETRIOS

Diaphragmatic hernia recurrence. When to operate, what to do, how to

10:50 – 11.00

Commentator: MILOS BJELOVIC

MASTERCLASS II

How I Do It in Bariatric-Metabolic Surgery and in Laparoscopic/Robotic Endocrine Surgery

SECTION A

Metabolic and bariatric surgery (MBS) - How I Do It

Chairs: VASILEIOS DRAKOPOULOS, LUIGI ANGRISANI , CATALIN COPAESCU

Duration: 90 minutes

11.00-12.30

11:00 – 11:20

Sleeve Gastrectomy. Tips that will make the difference.

KONSTANTIN GROZDEV

11:20 – 11:40

How I do it: Roux-en-Y gastric bypass.

GEORGIOS AYIOMAMITIS

11:40 – 12:00

One-anastomosis gastric bypass. How, when, why.

ILIAS SDRALIS

12:00 – 12:20

SADI-S. Primary or revisional operation?

FRANCESCO ANGRISANI

12:20 – 12:30

Commentators: NICOLA DI LORENZO, EVANGELOS MENENAKOS

MASTERCLASS II

How I Do It in Bariatric-Metabolic Surgery and in Laparoscopic/Robotic Endocrine Surgery

SECTION B

Laparoscopic – Robotic Endocrine Surgery

CHAIRS: LUIGI BONI, KYRIAKOS VAMVAKIDIS, STYLIANOS KAPIRIS

Duration: 90 minutes

12:30 – 14:00

12:30– 12:50

Laparoscopic Adrenalectomy **KONSTANTINOS NASTOS**

12:50– 13:10

Retroperitoneoscopic Adrenalectomy **MARIA SOTIROPOULOU**

13:10 – 13:30

Robotic Adrenalectomy - **WALTER GANTERT** (on line), **STYLIANOS KAPIRIS**

13:30 – 13:50

Scarless endoscopic thyroidectomy. Feasibility and training **IOANNIS KOUTELIDAKIS**

13:50 – 14:00

Commentator: **SUZANNE GISBERTZ**

MASTERCLASS III

How I Do It in Modern Colorectal Surgery: Laparoscopic and Robotic approach

Duration: 180 minutes

SECTION A

Laparoscopic Colorectal Surgery – CHAIRS: GEORGIOS AYIOMAMITIS – ALBERTO AREZZO – IOANNIS GALANIS

Duration: 90 minutes

14.00 – 15.30

14:00 – 14:20

Laparoscopic right colectomy. The CME technique. IOANNIS VIRLOS

14:20 – 14:40

Laparoscopic Segmental Splenic flexure colectomy. CHRYSIKOS IOANNIS

14:40 – 15:00

Laparoscopic sigmoidectomy. Full or Partial splenic mobilization. How to set my limits. GEORGE THEODOROPOULOS

15:00 – 15:20

TaTME Cecil Approach tandem operating. EFSTRATIOS KOUROUMPAS

15:20 – 15.30

Commentators: GEORGIOS TZOVARAS, THALIA PETROPOULOU, STELIOS GAVRIEL

MASTERCLASS III

How I Do It in Modern Colorectal Surgery: Laparoscopic and Robotic Approach

Duration: 180 minutes

SECTION B

Robotic Colorectal Surgery –

CHAIRS: ROSA JIMENEZ, MANOUSOS KONSTANTOULAKIS, STYLIANOS KAPIRIS

Duration: 90 minutes

15.30-17.00

15:30 – 15:50

Robotic Right Colectomy– CME KONSTANTINOS MAVRANTONIS

15:50– 16:10

Low anterior resection– TME: Robotic approach GEORGE PEROS, STYLIANOS KAPIRIS

16:10– 16:30

Robotic approach in complicated diverticulitis MANOUSOS PRAMATEFTAKIS

16:30 – 16:50

Robotic approach in inflammatory bowel disease IOANNIS PAPAKONSTANTINOU

16:50 – 17.00

Commentator: GEORGIOS TZOVARAS

Faculty list

Last Name	First Name	Affiliation
Angrisani	Luigi	Physician
Archontovasilis	Fotios	General Surgeon
Arezzo	Alberto	Associate Professor of Surgery, University of Torino
Ayiomamitis	Georgios	MD, MSc (MIS), PhD, FACS, MSc (Surgical Oncology), FEBS/MIS, MHM Advanced Laparoscopic & Metabolic Surgery Gastrointestinal Surgical Oncology Medical Director, Tzaneio General Hospital of Piraeus Coordinating Director – 1st Department of Surgery / Laparoscopic Unit Vice President, Hellenic Society for Endoscopic Surgery Board Member, Medical Association of Piraeus Disciplinary Board Member, 2nd Regional Health Authority (Piraeus & Aegean)
Bjelovic	Milos	Physician
Boni	Luigi	Physician
Chatzimavroudis	Grigoris	Professor of Surgery at Aristotle University of Thessaloniki Director of the Center for Complex Hernias & Abdominal Wall Reconstruction (Center of Excellence in Hernia Surgery), Interbalkan Medical Center President of the Hellenic Hernia Society
Chrysikos	Ioannis	MD, FACS Director of the 1st Surgical Clinic, Hygeia Hospital
Chrysocheris	Periklis	MD, FACS Director of the 1st Surgical Clinic, Hygeia Hospital
Copaescu	Catalin	Physician
Delaportas	Dionysios	Associate Professor of Surgery
Di Lorenzo	Nicola	Physician
Drakopoulos	Vasileios	Specialist in Minimally Invasive Surgery, Surgical Oncology, and Bariatric & Metabolic Surgery
Fuchs	Hans	Physician
Galanis	Ioannis	General Surgeon

Last Name	First Name	Affiliation
Gantert	Walter	Dr. med. General and Gastrointestinal Surgery Surgery Center St. Anna, Switzerland
Gavriel	Stelios	Surgical Sector Coordinator, Director of 1st Surgery Clinic, IASO
Gisbertz	Suzanne	Physician
Grozdev	Konstantin	MD, PhD President of The Bulgarian Society of Bariatric/Metabolic Surgery
Jimenez	Rosa	Associate Professor, International and Multicultural Education Department, University of San Francisco
Kanavos	Evangelos	General Surgeon Director of the 1st Surgical Clinic, IASO Thessalias
Kapiris	Stylianos	Coordinating Director of the 1st Surgical Department, Evangelismos General Hospital of Athens Former President of the Hellenic Society for Endoscopic Surgery
Kouroumpas	Efstratios	General Surgeon
Koutelidakis	Ioannis	MD, PhD, FEBS Endocrine, FACS Professor of Surgery at Aristotle University of Thessaloniki Director of the Surgical Division School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki
Konstantoulakis	Manouos	Professor and Director 2nd Surgical Clinic, Aretaieio Hospital
Lyros	Orestis	MD, PhD, FEBS/MIS Assistant Professor of Surgery at National and Kapodistrian University of Athens 4th Surgical Clinic, Attikon University Hospital
Mavrantonis	Konstantinos	Director of the 6th Surgical Clinic, Hygeia Hospital Founder & General Director, NoDE Institute
Menenakos	Evangelos	Director – Professor of Surgery Scientific Director of the 5th Surgical Clinic, National and Kapodistrian University of Athens
Nastos	Kovstantinos	MD, PhD, FEBS (Endocrine Surgery) Associate Professor of Surgery at National and Kapodistrian University of Athens 3rd University Surgical Clinic, Attikon University Hospital General Surgeon / Endocrine Surgeon
Papakonstantinou	Ioannis	General Surgeon
Peros	George	Senior Colorectal Surgeon, Chirurgiezentrum St. Anna, Clinic Hirslanden St. Anna Lucerne, Switzerland
Petropoulou	Thalia	Colorectal Surgeon

Last Name	First Name	Affiliation
Pramateftakis	Manousos	MD PHD FRCS EARCS Robotic Consultant & MIS Colorectal Surgeon Aretaieio University Hospital/Euroclinic Athens, Greece
Sdralis	Ilias	MD, MSc, PhD, IFSO-EC SOEBMS Director of the Surgical Clinic for Morbid Obesity & Metabolic Disorders, Interbalkan Medical Center Military physician – Bariatric surgeon – PhD, University of Patras School of Medicine Excellence in Bariatric & Metabolic Surgery Specialist in Surgical Oncology and benign esophageal & gastric diseases Broomfield Hospital NHS Trust, Mid Essex Hospital Services NHS, United Kingdom
Sotiropoulou	Maria	Assistant Surgeon Evangelismos General Hospital of Athens 3rd Surgical Clinic
Theodoropoulos	George	FACS, FASCRS Professor of Surgery at National and Kapodistrian University of Athens
Theodorou	Alexis	General Surgeon
Theodorou	Dimetrios	Assistant Professor of Surgery
Tzouvaras	Georgios	MD, FACS General Surgeon, Professor of Surgery at University of Thessaly
Vamvakidis	Kyriakos	Endocrine Surgeon Director of the 7th Surgical Clinic, Henry Dunant Hospital Center
Virlos	Ioannis	Director of Surgery, FRCSEd, FRCS (General Surgery), FEBS-CR, MSc, DIC, MD (Man)